

# SCP SWIM SCHEDULE

March 17 - 23



|  | MON 17  | TUES 18     | WED 19                 | THURS 20    | FRI 21      | SAT 22             | SUN 23             |
|--|---|-------------|------------------------|-------------|-------------|--------------------|--------------------|
| <b>Special Notes</b>                   | Artistic Swimming National Qualifiers<br>Parking lot and Pool Area will be busy |             |                        |             |             |                    |                    |
| <b>Pool Hours</b>                      | 5:30am-10pm   | 5:30am-10pm | 5:30am-10pm            | 5:30am-10pm | 5:30am-10pm | 8am-6pm            | 8am-6pm            |
| <b>Leisure Swims</b>                   | 5:30am-10pm   | 5:30am-10pm | 5:30am-8am<br>1pm-10pm | 5:30am-10pm | 5:30am-10pm | 8am-1pm<br>4pm-6pm | 8am-1pm<br>4pm-6pm |
| <b>Quiet/Adult Only Swim</b>           |   |             | 8am-1pm                |             |             |                    |                    |
| <b>Leisure Swim Plus Diving Boards</b> |   |             |                        |             |             | 1pm-4pm            | 1pm-4pm            |

*All times subject to change at short notice. Please call 250-475-7600 if you have any questions or go to [saanich.ca/swim](http://saanich.ca/swim)*

## Swim Descriptions

|   |   |
|---|---|
| <b>Leisure Swims</b>                    | Everyone is welcome to enjoy the pools for fitness and leisure. Children, 7 years and younger must be accompanied by an adult (16+) and may enjoy the wave pool, tots pool and teach pool when available. Please note that this session shares the pools with many types of programs. Waves available upon request. The waterslide is unavailable at this time.                 |
| <b>Quiet/Adult Only Swim</b>            | During this time, only adults (16+) will be allowed in the pool area. The athletes need a quiet environment to help them focus and perform their best.  |
| <b>Leisure Swims Plus Diving Boards</b> | Everyone is welcome to enjoy the pools for fitness and leisure. Children, 7 years and younger must be accompanied by an adult (16+). Pool space will be set up for a mix of fun and lengths swimming. The Diving Boards will be open and there will be some Leisure space in the Teach Pool with the basketball hoop. Wave Pool will be open but the waves will not be running. |
| <b>Hot Zones</b>                        | We have a Hot Tub, Sauna, and Steam Room for your enjoyment! Typically, all are open during regular pool hours. Hot Tub is for 13 years and up. Sauna and Steam Room are for 16 years and up.   |

**All Children 7 years of age and younger must be within arms reach of an adult 16+ at all times while they're in the water.**